

## SPRING ANXIETY GROUP FOR TEENS UWMADISON

School Psychology Training Clinic (SPTC)

The SPTC is excited to offer an 8-week evidence based anxiety intervention program for students entering grades 9-12. Master's level school psychology and social work candidates will lead each session focusing on recognizing signs of anxiety and building anxiety management strategies.

For more information, contact our clinic via phone or email. To enroll, please scan the QR code to complete the registration survey.



At 02:00 PM



Session Dates: 2/12, 2/19, 3/5, 3/12, 3/19, 4/2, 4/9, 4/16

Group Times: 4-5pm or 5-6pm

Cost: \$160 or less if immediate family is affiliated with UW



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