



# SPRING ANXIETY GROUP FOR TEENS UW- MADISON

School Psychology  
Training Clinic (SPTC)

The SPTC is excited to offer an eight-week evidence based anxiety intervention program for students entering grades 9-12. Doctoral level school psychology candidates will lead each session focusing on recognizing signs of anxiety and building coping strategies to manage stress and worry

For more information, contact our clinic via phone or email. To enroll, please scan the QR code to complete the registration survey.



Sign up here:



Go to  
At 02:00 PM



Department of  
Educational Psychology  
SCHOOL OF EDUCATION  
UNIVERSITY OF WISCONSIN-MADISON

**Session Dates: 2/12, 2/19, 3/5, 3/12,  
3/19, 4/2, 4/9, 4/16**

**Group Times: 4-5pm or 5-6pm**

**Cost: \$160 or less if immediate  
family is affiliated with UW**

**School Psychology Training Clinic  
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Madison, WI 53706  
608-890-3673  
sptc@education.wisc.edu**

