

SPRING ANXIETY GROUP FOR KIDS UW-MADISON

School Psychology
Training Clinic (SPTC)



Sign up here:



Session Dates: 2/12, 2/19, 3/5, 3/12, 3/19, 4/2, 4/9, 4/16

The SPTC is excited to offer a eight-week evidence based anxiety intervention program for kids entering grades 5-8. Master's level school psychology and social work candidates will lead each session focusing on recognizing signs of anxiety and building coping strategies to manage stress and worry

For more information, contact our clinic via phone or email. To enroll, please scan the QR code to complete the registration survey.

Group Times: 4-5pm or 5-6pm

Cost: \$160 or less if immediate family is affiliated with UW

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